

# WITH YOU ALL THE WAY

TMA supports you at every stage of your career, in all practice settings.

## Medical Students

- Low-interest loans and scholarships
- Leadership opportunities within the [TMA Medical Student Section](#) (MSS) and on TMA boards, councils, and committees
- Networking with your peers at MSS meetings and TMA conferences
- [Wellness resources](#) and services through your medical school
- Advocacy and policymaking training and practice
- Turnkey [community outreach](#) programs to make a difference and gain experience

For more information about the MSS, contact [karen.kollar@texmed.org](mailto:karen.kollar@texmed.org).

## Residents/Fellows

- Low-interest loans
- Networking with your peers at [TMA Resident and Fellow Section](#) (RFS) meetings and TMA conferences
- Professional development, career support, and leadership opportunities
- [Free presentations](#) through your residency program
- Advocacy and policymaking training and practice
- Guidance on choosing a practice setting, expert help starting a practice, and contract negotiation
- Free \$250K life insurance under age 50 by [TMA Insurance Trust](#)

For more information about the RFS, contact [karen.kollar@texmed.org](mailto:karen.kollar@texmed.org).

## Young Physicians

*(first eight years in practice)*

- [Physician wellness](#) education and counseling services
- Leadership training and career support through TMA's Leadership College
- Hundreds of hours of [free CME](#), including mandated courses for maintaining licensure, plus [podcasts](#)/courses to sharpen your practice know-how
- Networking with your peers at [TMA Young Physician Section](#) (YPS) meetings and TMA conferences
- Advocacy and policymaking training and practice
- Free \$250K life insurance under age 50 by [TMA Insurance Trust](#)
- Turnkey [community outreach](#) programs to extend your practice's reach

For more information about the YPS, contact [melanie.fossett@texmed.org](mailto:melanie.fossett@texmed.org).

## Physicians

- [Physician wellness](#) education and counseling services
- Hundreds of hours of [free CME](#), including mandated courses for maintaining licensure, plus [podcasts](#)/courses to sharpen your practice know-how
- Leadership training through TMA's Lifelong Leadership Program and annual Leadership Conference, and opportunities to serve in leadership roles
- Networking and learning at TexMed (TMA's annual meeting) and annual Business of Medicine Conference
- Advocacy and policymaking training and practice
- Turnkey [community outreach](#) programs to extend your practice's reach

**Have questions about these or any other TMA benefits and services?**

Contact the **TMA Knowledge Center** at **(800) 880-7955** or [knowledge@texmed.org](mailto:knowledge@texmed.org).